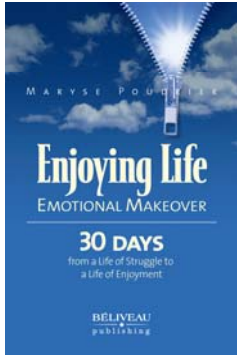


18. Non-fiction – Self-Development

ENJOYING LIFE by Maryse Poudrier



Enjoying Life is an “emotional makeover” concept that has been designed to transform a life-struggler into a free, serene and powerful life-enjoyer. Through a collection of short concise paragraphs filled with wisdom for daily living, this book will empower readers with the motivational tools they need to enjoy life. *Enjoying Life* is a fresh and light concept that quickly and easily gives real results by reading and assimilating only 5 pages a day for a 30-day period. This book will help people with a practical way of seeing and living life to make the most of it. It will gently lead readers toward an easier, satisfying and enjoyable life.

WARNING: Be prepared to become a professional life-enjoyer with everything it takes to create a fabulous life.

- Béliveau Publishing / Sciences et culture, 2006
- 180 pages, 13,5 X 22 cm
- \$19,95 Paperback